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SILENCE by Erling Kagge , Becky Crook | Kirkus Reviews

Silence In The Age of Noise is a collection of thoughts on the matter - some more profound than others, but all make clear the overarching point. There's something powerful to be gained from finding the quiet within ourselves. What did I think?:

Though they contain no startling revelations, his reflections provide a thoughtful approach to a topic of import to many who live in "the age of noise." An eloquent and persuasive argument for the significance of silence, in all of its forms, from an author who has explored the limits of the human experience. Pub Date: Dec. 5th, 2017

Silence: In the Age of Noise by Erling Kagge, Paperback ...

Silence: In the Age of Noise - Guidelines Devotional

silence in the age of noise - erling kagge
Posted on 2019-11-15 2019-11-15 by Sameer Oza Erling Kagge was the first person to surmount the "three poles"

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Silence: In the Age of Noise - Kindle edition by Erling ...

In this new book, "Silence," he sketches his "extreme journeys to the ends of the earth" to illustrate the restorative impact of withdrawing from the human cacophony into the wilds.

He obviously experienced a lot of silence when he trekked across Antarctica alone for 50 days. But this isn't a book about the exploration of remote places. This is a book about the silence within, the kind of silence that is found on a crowded subway or a barren mountaintop. In fact, ac-

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SILENCE In the Age of Noise: meeting the experience of ...

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When listening to silence allows you to hear more - The ...

Essentially, silence is a measure of your own experience. The meter is set high in urbanised spaces, lower in rural areas. The outside factors can be mastered though and that is what SILENCE In the Age of Noise is about. You will not find how to tricks, habits or rituals to create silence, but from the author's direct experience you learn how important finding this space within you is to your well-being.

In this compact and astonishing meditation, Kagge explores the silence around us, the silence within us, and the silence each of us must create. He shows us the unexpected places it sits—on the dance floor, in the shower, in a musical drop, on a mossy rock—and how silence opens doors to wonder and gratitude. His book pulls you into its mystery.

Review: 'Silence in the Age of Noise,' by Erling Kagge ...

Silence: In the Age of Noise Hardcover - November 21, 2017 by Erling Kagge (Author)

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Silence: In the Age of Noise by Erling Kagge

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On Silence, In the Age of Noise by Erling Kagge. But more often than not, the silence Kagge describes is an elusive friend, a state close to wonder, and something he has spent his life tracking. "We live in the age of noise," Kagge laments. "Silence is almost extinct." As an explorer, Kagge advocates a full pursuit of silence.

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Silence: In the Age of Noise. In returning and rest shall you be saved; in quietness and in confidence shall be your strength; and you would not. Isaiah 30:15 If you should pick up a copy of a newly published book by Erling Kagge, you would find a drab, monochrome cover imprinted with only the title of the book, a subtitle and the author's name.

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About Silence. What is silence? Where can it be found? Why is it now more important than ever? In this astonishing and transformative meditation, Erling Kagge, famed Norwegian explorer and the first person to reach the South Pole alone, explores the silence around us, the silence within us, and the silence we must create.

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