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A5C - BRAYLON MCMAHON

Updated for today's health care climate, the revised and expanded second edition of this popular volume offers a thorough introduction to clinical work with this difficult-to-treat population. Providing a unique synthesis of chemical dependency and mental health models, the book articulates a framework for assessment and treatment and describes a range of effective counseling and motivational strategies for adolescents and adults. The second edition includes discussions of the latest developments in treatment, sample treatment plans, increased coverage of ways to incorporate 12-step concepts into mental health interventions, and a new section on trauma-based disorders in addicted female adolescents. The practical utility of the volume is enhanced by clinical vignettes, clearly presented tables, and reproducible forms.

Reflecting the latest advancements in the assessment and diagnosis of substance use and comorbid disorders, this Second Edition surveys current research in the epidemiology, genetics, and management of dually-diagnosed patients-comprehensively describing the treatment of major medical disorders that are directly or indirectly related to substance abuse including alcohol-related gastrointestinal disorders, cocaine-induced cardiac disease, and hepatitis C infection.

When a forty-three-year-old medical doctor sought treatment for chronic alcoholism, author Dr. Michael Mullan determined that George J. also suffered from depression and would require an integrative treatment approach to ensure a successful outcome. In Integrative Dual Diagnosis Treatment Approach to an Individual with Alcoholism and Coexisting Endogenous Depression, Mullan: - Describes the details of the case - Reviews the literature related to the clinical problems of dealing with alcoholism and alcoholism with co-existing mental illness - Includes an overview of the dually diagnosed population - Presents the model of treatment for the dually disordered--Dual Diagnosis Model - Reviews the patient's treatment regimen - Provides a summary of the treatment and experience - Reports on the patient's results In this study, Mullan describes his Dual Diagnosis Model approach for the treatment of addiction with co-existing mental disorders. He contends that in order to be successful treating an individual's addiction that the underlying psychological disorders must also be addressed to ensure a positive outcome.

The term dual diagnosis denotes a condition where substance dependence, or other excessive substance use, co-occurs with at least one mental health disorder that is not a direct effect of the substance use (intoxication and withdrawal symptoms). Substance abuse (alcohol, legal and illegal drugs and solvents) may affect a patient's mental illness in different ways. It may precipitate mental illness worsen mental illness alleviate mental illness have no effect on mental illness. The relationship between the patient's different mental health disorders and substance abuse is not necessarily always the same. In dual diagnosis, mental illness will persist even when substance use has ceased for a prolonged length of time.

This comprehensive clinical handbook provides virtually everything needed to plan, deliver, and evaluate effective treatment

for persons with substance abuse problems and persistent mental illness. From authors at the forefront of the dual disorders field, the book is grounded in decades of influential research. Presented are clear guidelines for developing integrated treatment programs, performing state-of-the-art assessments, and implementing a wide range of individual, group, and family interventions. Also addressed are residential and other housing services, involuntary interventions, vocational rehabilitation, and psychopharmacology for dual disorders. Throughout, the emphasis is on workable ways to combine psychiatric and substance abuse services into a cohesive, unitary system of care. Designed in a convenient large-size format with lay-flat binding for ease of photocopying, the volume contains all needed assessment forms, treatment planning materials, and client handouts, most with permission to reproduce.

The National Institute on Drug Abuse (NIDA) reports that six of ten individuals with a substance use disorder meet criteria for another mental illness diagnosis. These co-occurring disorders present significant challenges for both chemical dependency and mental health practitioners across levels of treatment intensity. To answer these challenges, Dialectical Behavior Therapy (DBT) has emerged as a highly teachable and applicable approach for people with complex co-morbidities. This workbook outlines the acceptance-based philosophies of DBT with straight-forward guidelines for implementing them in Integrated Dual Disorder Treatment (IDDT) settings along with comprehensive explanations of DBT skills tailored for those with dual disorders. Includes reproducible handouts

Seminar paper from the year 2016 in the subject Medicine - Public Health, grade: 1, Egerton University, language: English, abstract: Substance abuse and co-occurring disorders are seemingly becoming an enormous challenge to health care systems. Substance abuse has become popular, especially among the young people even though its prevalence appears to be a cross-sectional health issue with drug addiction occurring across all ages and gender. On the other hand, mental illnesses are increasing at an alarming rate among the global population; thus, unprecedented burden to healthcare systems and professionals. Ordinarily, the occurrence of a mental health issue such as depression and a substance abuse problem is what is commonly referred to as dual diagnosis or a co-occurring disorder. From a nursing perspective, dual diagnosis does not appear to be a simple task because it deals with handling two problems concurrently: the mental health problem and the substance abuse issue.

Our brightest, most creative children and adults are often being misdiagnosed with behavioral and emotional disorders such as ADHD, Oppositional-Defiant Disorder, Bipolar, OCD, or Asperger's. Many receive unneeded medication and inappropriate counseling as a result. Physicians, psychologists, and counselors are unaware of characteristics of gifted children and adults that mimic pathological diagnoses. Six nationally prominent health care professionals describe ways parents and professionals can distinguish between gifted behaviors and pathological behaviors. These authors have brought to light a widespread and serious problem-the wasting of lives from the misdiagnosis of gifted chil-

dren and adults and the inappropriate treatment that often follows. Jack G. Wiggins, Ph. D., Former President, American Psychological Association

This handbook addresses behavior problems and mental health disorders in persons with intellectual disabilities. It provides an overview of the history of dual diagnosis and related theories, ethics, diagnostic systems, mental health disorders, and challenging behaviors. The handbook examines general clinical issues, such as the effects of cognitive performance on the choice of assessment and treatment methods, service delivery systems, education models, risk factors, functional assessment, and structured interviews. Chapters provide a much-needed reference for practitioners and practitioners in training. The applied focus of the book continues with assessment/diagnosis sections of mental health disorders, and challenging behaviors. In addition, chapters describe treatments for discrete mental health and behavior problems, such as intellectual disabilities, severe psychopathology, autism, ADHD, substance abuse, and aggression. Topics featured in this handbook include: Genetic disorders and dual diagnosis. Assessment of anxiety in persons with dual diagnosis. Aging with intellectual disabilities. Feeding problems and assessment in individuals with dual diagnosis. Pica in individuals with intellectual disability. Treatment of social skills in dual diagnosis. The Handbook of Dual Diagnosis is an essential reference for researchers, graduate students, clinicians and related therapists and professionals in clinical child and school psychology, child and adolescent psychiatry, social work, developmental psychology, behavioral therapy/rehabilitation, pediatrics, and special education.

Dual Diagnosis: Practice in Context is a practical evidence-based guide for practitioners working in multi-disciplinary mental health and substance misuse service settings. Divided into three sections, this comprehensive and international text first explores the contemporary contextual issues surrounding the subject area. It then goes on to review dual diagnosis in some of the 'special' populations (including people diagnosed with personality disorders, women, young people, and older adults) and contemporary issues (e.g. crystal methamphetamine and mental health). Part three reviews the development of international service responses to dual diagnosis and discusses the development and commissioning of service models, research and practice development. The text concludes with a chapter outlining priorities for the development of interventions, service approaches, research and education. KEY FEATURES: A authoritative in-depth review of both theoretical, clinical and policy issues within a single text Draws together a range of established contributors from a variety of disciplines, including mental health nurses, occupational therapists, social workers and psychiatrists International in focus, with contributors from the UK, USA, Europe and Australia

Understanding mental illness and recovery is often a challenge, but Phillip Graph allows us to simultaneously explore how this occurs while also moving our hearts. Through the author's effective use of storytelling, the reader is taken on a journey to a more complete picture of various disorders and ways of coping. Through his personal disclosures and vivid descriptions, the book helps readers to explore questions that are difficult to grasp, such as how mental illness is a brain disorder, possible causes, pros and cons of various treatment approaches, underlying reasons for behaviors and reactions and even addresses the ways our culture and treatment systems help and harm. The book will be of benefit to students, practitioners, educators and the public alike. Using it as a guide, students may be more empowered to enter into the uncertain areas of their own questions. Practitioners will no doubt be encouraged to further build their awareness. Educators can employ the book as they teach basic theories and applica-

tions. Advocates, too, will find the book useful as it raises essential questions about the cultural norms and systems that impact mental health treatment in our country. The author succeeds in establishing an accessible framework that fosters thinking about essential questions regarding mental health care. As a teacher, I have read many books, and this one kept me spellbound and learning from beginning to end. I am already thinking about ways to incorporate it into my classes. Sincerely, Dana Elmendorf, MA, ATR-BC, LPC Assistant Professor Seton Hill University Greensburg, PA 15601

"Co-occurring disorders involving substance abuse and mental illness is an intricate and complex issue for clinicians to diagnose and treat. Co-existing disorders have gained prominence due to a large number of individuals who are becoming exposed to a wide variety of drugs in order to cope with symptoms of mental illness. To complicate matters further, multiple symptoms mask and overlap each other making it extremely difficult to diagnose and treat co-occurring disorders, leaving clinicians with a difficult and complex task of successfully responding to the demand of effective treatment for this population. An integrated focused approach has been suggested as a successful treatment module for work with dually-diagnosed individuals in order to address the complexity of the dual nature of the issue. Further research is necessary into effective models for assessment and treatment in work with dually-diagnosed clients along with training and developed understanding of co-occurring disorders" -- Abstract, p. 1.

For those who suffer from a combined psychiatric illness and chemical dependency The six out of one hundred people diagnosed with the dual disorders of addiction and mental disorder face unique challenges on the road to recovery. With comprehensive information and illustrative, inspiring case studies, The Dual Diagnosis Recovery Sourcebook explores the physical, psychological, social, and spiritual approaches to recovering from this often misunderstood and yet surprisingly common condition.

Dual Diagnosis Workbook is full of exercises which pertain to different areas in the dual diagnosed individuals life which need to be changed or improved on. The exercises are formed in a positive way to improve on the individuals way of looking at their life and behavior. It is to gently guide the individual to make the necessary changes to make the positive changes where dual diagnosis illnesses have distorted the individuals way of thinking or behaving. Dual diagnosis has affected men and women in all areas of their life. the illnesses have taken away their appropriate judgment in certain areas of their life. The exercises will guide them back to a more positive and constructive way of thinking and behaving for a healthier life.

'Dual Diagnosis' presents a model which integrates the two issues of substance abuse and psychiatric disorder, for treatment in a single setting.

This book includes a compilation of papers published in 2020 and 2021 focused on dual disorders, which are found in significant and growing numbers in both substance addiction and mental health clinics. These contributions assume a broad perspective ranging from exposure to genetic and neurobiological elements to factors such as personality and quality of life. In all cases, these papers aimed to be transferred to and to benefit clinical practice.

Dual Diagnosis, the second volume in the Key Readings in Addiction Psychiatry Series, broadly illuminates the nature, presentation, evaluation and treatment of persons with co-occurring mental and substance use disorders.

In past years significant advances have been made in both the conceptualization and development of innovative program models providing integrated assessment and concomitant treat-

ment for dually disordered patients. The purpose of this volume is to provide the reader with information about the most current ideas and clinical interventions available. Although many of the models presented here have been successful only in clinical trials, and efficacy is not yet confirmed by controlled research, the principles used in the development of these models hopefully will have value in assisting clinicians, managers, and planners who have an immediate need to provide services to this population. This is the 50th issue of the quarterly journal *New Directions for Mental Health Services*.

This important and timely volume provides counselors and case managers with a general introduction to the assessment, treatment, and management of clients with a dual diagnosis (someone with both a substance-abuse or dependency problem and a co-existing psychiatric disorder). The authors' goal is to provide the reader with a greater understanding of the issues that dual-diagnosis individuals present for professionals and to offer practical concepts and techniques that have been found useful in working with this population. This book will be of interest to mental health and chemical dependency professionals as well as other professionals who encounter dual-diagnosis clients, such as court and child protective workers, physicians, psychologists, nurses, and social workers. This book is also an excellent text for advanced course work in either the field of addictions studies or mental health.

Millions of people with addictions have pursued their recovery journeys through Alcoholics Anonymous' twelve-step program. However, many people with addictions also suffer from mental health disorders, which more traditional twelve-step workbooks do not address. Similarly, the healthcare system has generally failed to implement addiction-mental health integrated treatments. Since 1996, Dual Diagnosis Anonymous has addressed this crucial healthcare need via personal, community, and political advocacy for those persons that are dually diagnosed and their families. A culmination of decades' worth of ideas and advice, *Dual Diagnosis Anonymous: A Journey Through the Twelve Steps Plus Five* is a strategic workbook that offers hope for achieving recovery from the dual diagnosis of addiction and mental illness.

In 1987, Dual diagnosis was identified as a legitimate mental health category. Since, then they have done study's and trials on treatment models for the programs for the dually diagnosed. However, the health professionals have not put into place as of yet a program for the individuals suffering from dual diagnosis. Individuals are being treated with medications for dual diagnosis but they are not given information on why they are taking the medications or what the medications are for. This author has been there. I have had to do all the research on the medications and diagnosis myself. I decided to write a book to explain the ins and outs of dual diagnosis so the individuals who are suffering from the disease will know what they are dealing with. It is a life long disease. It needs to be treated as if it were diabetes or another physical disease. It is a disease. It is not our fault we have it and we did not do anything to get it. It just is. *Dual Diagnosis* is a book that will give you all the information you will need for the understanding of what dual disorders is and how it affects the individuals life. It touches on different many different areas of our life. I have been through the changes I needed to make due to the psychological affects of the disease. I have put in my book how to change the different areas to a more positive and healthy way of living. Dual disorders has destroyed hundreds if not millions of men and women's lives over the decades. Men and women who are affected with dual disorders need to educate themselves on the disorders and how it affects them. *Dual Disorders* book gives individuals the understanding of dual disorders and exactly what it is. The

book will help men and women understand how the disease affects the brain and it's functions. It breaks it down into words that you can understand. My hope is this book will reach as many suffering dually diagnosed individuals as it can. Knowledge gives us power. The more we know about what is going on with us the more we can be involved with our treatment and be able to ask questions about our treatment. We do not need to be afraid of the disease. We can and must fight for a better way of living and not hide in the shadows anymore. We can and must lead a healthy and constructive way of life. We deserve it.

Patients who have both a psychiatric disorder and a substance abuse problem cause most clinicians to throw up their hands in despair. The clinical problems that these "dual diagnosis" patients present are enormously complex. Diagnostically, how is one to tell if disorders of mood and thinking, for instance, are signs of a mental illness or consequences of substance abuse? How is one to obtain important historic information when the patient may be unable or unwilling to provide it and there are no readily available collateral sources of information? In any case, why bother? Treatments for dually diagnosed patients are ineffective; patients won't stay in treatment; recidivism occurs at a very high rate. To make matters even more difficult, traditional health care reimbursement mechanisms do not provide for the multimodality clinical programs and special services needed by the patient who is both mentally ill and a substance abuser. So the clinician needs an effective bureaucratic strategy as well as a treatment strategy. For the most part, clinicians have handled the problem by ignoring it.

Historically, patients with dual diagnosis have been subjected to ineffective treatment and negative attitudes from healthcare providers. Further, these patients are plagued with myriad afflictions that exist beyond substance abuse and mental illness. The treatments and collateral damage associated with the diagnosis impose excessive healthcare costs and can be of significant detriment to society. Largely, patients suffering from dual diagnosis do not receive adequate treatment. As such, psychiatric emergency services are frequently utilized as an alternate treatment, wherein the main focus of care is on the substance abuse alone. This study argues that solely treating the substance abuse is not sufficient for positive outcomes because the substance use, in most cases, is merely a self-discovered treatment for an underlying mental illness. This study proposes an integrative model that involves both substance abuse counseling and mental health counseling in order to treat this suffering population more effectively. Using archival data from the years 2014-2017, this study examined the effectiveness of integrative care among dual diagnosis patients at a methadone clinic in San Francisco, California. The study measured whether patients with dual diagnosis, who were assigned to both Substance Abuse Counseling (SAC) and Mental Health Counseling (MHC), differ in the mean number of Psychiatric Emergency Services (PES) visits from patients with dual diagnosis receiving SAC alone. Additionally, this study measured whether females and males differ in the mean number of PES visits and whether age positively or negatively correlates with the number of PES visits. Independent samples t-tests were used to measure mean differences of PES visits between treatment groups (MHC+SAC vs. SAC only) and mean difference of PES visits between gender. Pearson correlation was used to measure correlation between age and PES visits. Results revealed that patients receiving integrative care (MHC+SAC) had fewer PES visits than those receiving SAC only, suggesting that integrative care is a more effective treatment model than SAC only when treating patients with dual diagnosis. Additionally, although females accessed PES less than males, there were no statistically significant differences found. Lastly, there was no correlation

found between age and number of PES visits.

Living with Co-occurring Addiction and Mental Health Disorders

Having a drug addiction is hard enough. So is having a mental illness such as schizophrenia, depression, or an anxiety disorder. Imagine having them both. You'll find out what that's like in *Dual Diagnosis: Drug Addiction and Mental Illness*. Many people suffer from both an addiction to a drug and another mental illness, making everyday life almost impossible. *Dual Diagnosis* explores ways to deal with dangerous addictions on top of mental illness. The book covers what addictions and mental illnesses are, diagnosis, and multiple treatment options. You'll also read inspirational stories about people who have suffered with—and overcome—dual diagnosis.

Contemporary policy in the care of persons with developmental disabilities is focused on "social inclusion" and equity. Healthcare professionals in the mainstream are tasked to ensure that their services are both available and responsive to caring for individuals. This clinical guide, written by a psychiatrist and a clinical psychologist with clinical and academic expertise, aims to outline relevant knowledge, skills, and attitudes needed to promote better health outcomes for people with developmental disabilities. The guide is organized into three sections and includes learning objectives and self-examination questions on content. The first section on knowledge covers definitions, etiological factors, health problems, mental health problems, and the service needs of individuals and their caregivers as they evolve over the lifespan. Section two focuses on skills including assessment, case formulations, interprofessional collaboration, and the provision of developmental services, psychosocial treatments, and biomedical treatments. The final section reviews attitudes related to the provision of empathetic support, respect for interprofessional collaboration, vigilance about neglect and abuse, and various special challenges in providing care. The authors also address informed consent, sexuality, parenting, and individuals in conflict with the law.

Based on decades of experience treating individuals who live with both intellectual disabilities and psychiatric disorders, this handbook clarifies the extremely complex nature of working with dual diagnosis. In-depth information about the diagnostic process, hands-on treatment considerations, and the elements of proper staff training are featured, and complicating factors in identifying appropriate psychiatric diagnoses are addressed. Exploring the problematic underreporting of psychiatric symptoms and disorders, this guide is ideal for a variety of contexts, offering innovative approaches to treatment and intervention strategies that can be immediately implemented. Additional topics covered include medical contributors to psychiatric conditions, positive behavioral supports, and transitional planning.

Italian Association on Addiction Psychiatry 2002 International Meeting Proceedings. This volume is a wide-spectrum reflection springing from the contributions of some of the most important European and American researchers in the dual diagnosis field, who were involved in the national SIP.Dip. Conference in Milan on July 2002. They contributed to a shared understanding of issues such as the relevance of psychiatric diagnosis in addiction treatment planning, with experiences from Germany, Netherlands, Greece, Spain, England, and Thomas McLellan's paradigmatic research on assessment instruments carried out over the last 30 years in the USA.

The treatment of coexisting chemical dependency and psychiatric disorders has long been a serious challenge for care providers. With the advent of managed care, counselors, case managers, and other professionals increasingly are called upon to treat very ill and troubled clients in outpatient settings. This popular volume

offers a thorough introduction to clinical work with this difficult-to-treat population. Providing a unique synthesis of chemical dependency and mental health models, the book articulates a framework for assessment and treatment and describes a range of effective counseling and motivational strategies for adolescents and adults. The practical utility of the volume is enhanced by numerous clinical vignettes and clearly presented tables to aid in assessment. Appendices feature helpful reproducible forms.

The sequel to "Faces of Dual Diagnosis" With Foreword by Joseph Eliezer In "Reflections of Dual Diagnosis: A Canadian Perspective", the follow-up to his 2011 book, "Faces of Dual Diagnosis", Dr. Robert Pereira reflects on his own life path, discusses treatment approaches and offers case studies. An estimated 90,000 Canadians are affected by both mental health problems and addictions - a condition referred to as "dual diagnosis" or DD. Although the impacts on society are considerable - on our health system's resources; on our legal and social welfare programs; on employers, friends, neighbours and family; and on the individual him or herself - remarkably little has been written about this widespread problem in the popular media. There is also inadequate awareness and training within the health, legal and social welfare systems. The author, Robert B. Pereira, MD, has a diploma in Addiction Medicine from the American Board of Addiction Medicine, and is accredited by the Canadian Society of Addiction Medicine. Dr. Pereira practices medicine in Surrey and downtown Vancouver, specializing in the treatment of DD clients. I Am That I Am I Am That - Always I Am That is I Am I Am becomes I Am That I Am was before I Am That I Am That then became I Am Therefore, I Am is Always -- That -- Robert B. Pereira

Faces of Dual Diagnosis: A Canadian Perspective Studies reveal that about 1 in every 350 people (perhaps 90,000 Canadians) are affected by "both" mental health problems "and" addictions -- a condition referred to as "dual diagnosis" or DD. Although the impacts on society are considerable -- on our health system's resources; on our legal and social welfare programs; on employers, friends, neighbours and family; and on the individual him or herself -- remarkably little has been written in the popular media about this widespread problem. There is also inadequate awareness and training within the health, legal and social welfare systems, contends physician Robert B. Pereira, who specializes in treatment of DD clients. In *Faces of Dual Diagnosis: A Canadian Perspective*, Pereira explains the various types of mental illnesses and addictions which typically are found in DD. He discusses treatment regimes and offers case studies, based on real patient profiles, to demonstrate his contention that the most successful approach includes a holistic examination and treatment of the client's mental, physical and spiritual health. Pereira discusses his own life path and then presents a case for the creation of a Canadian Center for Policy Research on Dual Diagnosis. Dozens of DD-related resources are listed in the appendix. Dr. Pereira practices medicine in Surrey, BC. "In the heat of the mid-day sun I rest by the ocean under the shade of a large tree. At midnight, where there is darkness all around but the light shines just as brightly - I awaken - A creature of darkness I have been. This I have not understood but now accept Light, many things it is An end to the darkness it cannot bring Of darkness is borne the light. "-- Robert B. Pereira

Dual diagnosis is a common phenomenon affecting the modern day societies of the world. What is really responsible for the syndrome? There are a few reasons why many societies are witnessing the problem. But what is the meaning of dual diagnosis? How do we deal with the challenges associated with dual diagnosis? To start with, Dual diagnosis can be referred to as that condition that brings about the simultaneous existence and mental illness at the same time, a problem which assumes a dual nature. This

condition appears to look like something that can further lead to more heterogeneous problem. However, the issue has led to many debates whether it is possible for someone to suffer similar faith of dual problems and yet still be referred to as a single problem. Experience has however shown that it is very possible for an individual to suffer problems that assume a dual nature other than a single problem. In the distant example we have problems associated with dual diagnosis to be seen to manifest in critical conditions like alcoholism and depression. This is a very good example of a problem that has to do with dual diagnosis. The condition can also be seen in a more serious mental illness like schizophrenia and psychosis. It can also manifest in conditions that has to do with substance misuse when it leads to development of certain disorders too, for instance, when an individual over use cannabis. Other forms of disorders that can lead to dual diagnosis problems are panic disorders, generalized anxiety disorders, and over dependence on drugs. It is however to be noted that substance abuse can on its own lead to a problems which can be regarded as self induced and it exist separately from a pre-existing mental illness or psychiatric. Persons with dual diagnosis problems always face complexities of problems such as a high rate of relapse, frequent hospitalization is a common phenomenon for some parts of the world, it can further lead to homelessness and can even further worsen to non-conforming societal behavior which is abhorred in contacting dreadful diseases such as HIV AIDS, Hepatitis and other sexually transmittable diseases. The causes of co-occurring disorders are yet to be fully determined, but there are several propositions and theories that have been put forward by experts in the field of diagnosis.

When a forty-three-year-old medical doctor sought treatment for chronic alcoholism, author Dr. Michael Mullan determined that George J. also suffered from depression and would require an integrative treatment approach to ensure a successful outcome. In *Integrative Dual Diagnosis Treatment Approach to an Individual with Alcoholism and Coexisting Endogenous Depression*, Mullan:

- Describes the details of the case
- Reviews the literature related to the clinical problems of dealing with alcoholism and alcoholism with co-existing mental illness
- Includes an overview of the dually diagnosed population
- Presents the model of treatment for the dually disordered—Dual Diagnosis Model
- Reviews the patient's treatment regimen
- Provides a summary of the treatment and experience
- Reports on the patient's results

In this study, Mullan describes his Dual Diagnosis Model approach for the treatment of addiction with co-existing mental disorders. He contends that in order to be successful treating an individual's addiction that the underlying psychological disorders must also be addressed to ensure a positive outcome.

The increasing number of individuals with co-existing substance misuse and psychiatric disorders presents a key challenge to mental health and addiction nurses. This practice-based text focuses on the management and intervention strategies to effectively meet the needs of this client group in both community and residential settings. *Dual Diagnosis Nursing* is a comprehensive text for practitioners on contemporary approaches to working with dual disorder and dual diagnosis patients. It explores both clinical and theoretical perspectives in a variety of different care and treatment settings, addressing key issues such as needs of special populations, multi-dimensional assessment, dealing with emergencies, prescribing and medication management, nursing and psychological interventions, spiritual needs, carers' interventions and professional development.

Co-morbidity of substance abuse and mental illness is among the most prevalent mental disorders worldwide and places an enormous burden on individuals and society. This book begins with a

historical overview of the conceptual issues behind dual diagnosis and presents recent developments in conceptualization and treatment. Several reviews evaluate the latest etiological theories on the association of mental illness with substance use disorders. One chapter deals with genetic and behavioral aspects by looking at twin studies. The link between alcohol use and mental disorders, the role of a pre-existing attention deficit hyperactivity disorder on the development of substance use disorders, the contribution of substance abuse to neurocognitive impairments as well as various assessment options are also discussed. Finally, the model of the 'modified therapeutic communities' as an emerging modality for the provision of integrated treatment is presented. This topical and outstanding collection of articles provides an excellent overview over the stimulating scientific research that is currently taking place in the field of dual diagnosis.

The accompanying booklet supplements the information in the video and includes detailed charts and tables for easy reference. Care providers and mental health professionals will learn to recognize the signs and symptoms of depressive and manic episodes in people with developmental disabilities explore biological treatments such as medications and ECT examine psychological and environmental treatments use the in-depth guide to drugs and potential side effects discover specific suggestions for supporting both individuals with mood disorders and their care providers A must-have for every member of the support team, this booklet will help facilitate better, more informed communication among families, care providers, and other professionals.

The purpose of this study was to examine current research regarding dual diagnosis. With the prevalence of dual disorders in today's society, it is essential for mental health counselors to be familiar with the specific issues faced by the dual disordered client. Research has found an integrated treatment approach to be effective with dual disordered clients when using psychotherapeutic strategies and a variety of counseling interventions. This study was focused on the following areas: history of dual disorders, assessment and diagnostic criteria for depression and chemical dependency, three perspectives for counseling clients with depression and chemical dependency, and the integrated treatment of dual disorders. The literature review revealed the need for counselors to maintain research and clinical experience in the areas of functioning affected by chemical dependency and depression. It is recommended that additional research be completed in the area of dual diagnosis in order to examine the effectiveness of integrated treatment programs over time. Finally, recommendations were made for counselors working with dually disordered clients.

This manual presents the first empirically studied, integrative treatment approach developed specifically for co-occurring PTSD and substance abuse. For persons with this prevalent and difficult-to-treat dual diagnosis, the most urgent clinical need is to establish safety--to work toward discontinuing substance use, letting go of dangerous relationships, and gaining control over such extreme symptoms as dissociation and self-harm. The manual is divided into 25 specific units or topics, addressing a range of different cognitive, behavioral, and interpersonal domains. Each topic provides highly practical tools and techniques to engage patients in treatment; teach "safe coping skills" that apply to both disorders; and restore ideals that have been lost, including respect, care, protection, and healing. Structured yet flexible, topics can be conducted in any order and in a range of different formats and settings. The volume is designed for maximum ease of use with a large-size format and helpful reproducible therapist sheets and handouts, which purchasers can also download and print at the companion Web page. See also the author's self-help guide Find-

ing Your Best Self, Revised Edition: Recovery from Addiction, Trauma, or Both, an ideal client recommendation.