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**Ayurvedic management of Gridhrasi with special respect to ...**

Ayurvedic regimen is potent and safe in the treatment of Gridhrasi. Keywords Gridhrasi; Sciatica; Ayurvedic Management

1. Introduction Gridhrasi (Sciatica) is a disorder in which low back pain is found, that spreads through the hip, to the back of the thigh and down the inside of the leg. There are many causes for low back pain, however

2. Chief Complaints:-- Duration 1) Vaam kati te padatal shool (radiating pain from lumber, thigh, knee, calf, foot region) since 20 days, 2) Ubhay pad chimchimaya (tingling sensation) since 8 months,

**AYURVEDIC MANAGEMENT OF**

**GRIDHRASI W. S. R. SCIATICA: A ...**

Ayurvedic management of Sciatica: Shodhana: Urdhwa and adho shuddhi – Vamana and Virechana are the purificatory measures which are implemented to get rid of the morbid kapha and pitta respectively. Gridhrasi is a vata vyadhi. Vamana logically need not be given in the diseases of vata origin.

**Gridhrasi (Sciatica) - Part 2: Ayurveda Management of ...**

Ayurvedic Management for Gridhrasi with Special Reference to Sciatica- A Case Report. Satya Prakash, Sarvesh Kumar Singh. Abstract. Gridhrasi (sciatica) is one among Vata-vyadhi caused by aggravated Vata Doshas. It is characterized by burning, stinging or numbing pain that is felt in the buttock, thigh, leg or foot.

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References of The Disease Gridhrasi In Ayurvedic Text ...
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Ayurvedic Management For Gridhrasi With Special Reference
Sciatica or Gridhrasi is a severe painful condition affecting the posterior aspect of one or both the lower limbs. The pain radiates along the path of sciatic nerve which has its origin at the back of the pelvis from the lumbosacral vertebrae.

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